9th International Day of Yoga

"Yoga for Vasudhaiva Kutumbakam"
"Har Aangan Yog"

9th International Yoga Day celebrated in DGH

on

Wednesday, 21st June 2023 | Centre Lawn, Ground Floor, OIDB Bhawan

International Day of Yoga Schedule for International Yoga Day 2023

Wednesday, 21st June 2023 | Centre Lawn, Ground Floor, OIDB Bhawan

TIME	PROGRAMME
06:15 AM	Assembly at Centre Lawn, OIDB Bhawan
06:15 – 06:40 AM	Necessary Arrangement for Yoga
06:40 – 07:00 AM	Address by Hon'ble Prime Minister (subject to the notification received from MoPNG, the live telecast will be done)
07:00 – 07:45 AM	Common Yoga Protocol/Sessions
07:46 AM	National Anthem
08:00 – 09:00 AM	Breakfast/Refreshment



























































